

# CLINICAL/COUNSELING PSYCHOLOGY (PHD)

Department Website (<https://steinhardt.nyu.edu/appsych/>)

**NYSED:** 08363 **HEGIS:** 2004.00 **CIP:** 42.2803

## Program Description

The PhD Program in Clinical/Counseling Psychology is fully accredited by the American Psychological Association (APA). Counseling psychologists are defined as those who enter into professional relationships with individuals and groups and bring to those relationships knowledge of psychology as a science, knowledge of psychological theory and research, a personally integrated theory of psychology, and a social justice and ethical responsibility.

The major principles underlying the Clinical/Counseling Psychology program are a focus on a developmental understanding of clients; commitment to a health model of intervention; and appreciation of the gendered, cultural, and institutional contexts of people's lives, as these contexts affect both clients and psychologists.

The program follows the scientist-practitioner model of training and is organized in three areas: general psychology, including statistics and research methodology; clinical and counseling psychology; and patterns of learning experiences designed to meet the professional goals of program matriculants.

## Career Opportunities

Graduates of the program are eligible to sit for the New York State psychology licensing examination and are prepared to practice in diverse settings such as colleges, clinics, hospitals, and community agencies, as well as pursue careers in research and teaching.

## Accreditation and Licensure

The Clinical/Counseling Psychology PhD program has been fully accredited since 1981 by the Commission on Accreditation of the American Psychological Association. It is currently accredited as a Clinical/Counseling Psychology PhD Program, pending a re-accreditation site visit in 2025. Questions related to the program's accreditation status may be directed to this office:

Commission on Accreditation of the American Psychological Association  
750 First Street, NE  
Washington, DC 20002  
(202) 336-5979  
[apaaccred@apa.org](mailto:apaaccred@apa.org)  
[www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

Graduates of the program become fully qualified psychologists with specialized training in counseling and are eligible for licensure by the state. Learn more about licensure (<https://steinhardt.nyu.edu/programs/counseling-psychology/licensure/>) requirements in those states in which students are doing learning placements.

## Admissions

Admission to graduate programs in the Steinhardt School of Culture, Education, and Human Development requires the following minimum components:

- Résumé/CV
- Statement of Purpose
- Letters of Recommendation
- Transcripts
- Proficiency in English

See NYU Steinhardt's Graduate Admissions website (<https://steinhardt.nyu.edu/admissions/how-apply/graduate-students/>) for additional information on school-wide admission. Some programs may require additional components for admissions.

See How to Apply (<https://steinhardt.nyu.edu/degree/phd-counseling-psychology/how-apply/>) for admission requirements and instructions specific to this program.

## Program Requirements

For completion of the doctorate, 69-72 credits beyond the bachelor's degree are required. Additionally, as part of undergraduate or other graduate work, 18 credits in psychology including a course in statistics are prerequisites to the PhD program.

Course	Title	Credits
<b>Required Courses</b>		
APSY-GE 2001	Neuropsychology of Behavior	3
APSTA-GE 2002	Statistics for Behav and Social Sciences II	2
APSY-GE 2038	Abnormal Psychology	3
APSY-GE 2097	Social and Emotional Development	3
APSY-GE 2271	Survey of Developmental Psychology	3
APSY-GE 2524	Psychological Measurement	3
APSY-GE 2620	Group Dynamics: Theory and Practice	3
APSY-GE 2657	Individual Counseling: Theory and Process	3
APSY-GE 2658	Lab in Individual Counseling Skills (only required if not previously taken)	3
APSY-GE 2682	Cross-Cultural Counseling	3
APSY-GE 3009	Departmental Seminar: Theories of Change in Applied Psychology	3
APSY-GE 3016	Internship in Clinical/Counseling Psychology	0
APSY-GE 3031	Practicum in Clinical Intake and Diagnosis	2
APSY-GE 3073	Research Design and Methodology in the Behavioral Sciences I	3
APSY-GE 3103	Historical Perspectives of Psychological Theory	3
APSY-GE 3607	Supervised Advanced Clinical/Counseling Practicum I	2
APSY-GE 3608	Supervised Advanced Clinical/Counseling Practicum II	2
APSY-GE 3610	Externship in Clinical/Counseling Psychology	0
APSY-GE 3611	Ethical and Professional Issues in Clinical/Counseling Psychology	3
APSY-GE 3620	Clinical/Counseling Psychology Program Forum	0
APSY-GE 3629	Practicum in Supervision and Consultation	3
APSY-GE 3665	Psychological Testing and Assessment I	3
APSY-GE 3666	Psychological Testing and Assessment II: Practicum	3
<b>Electives</b>		
APSY-GE —	Clinical/Counseling Psychology Specialty Elective	6

Research Electives	10
<b>Total Credits</b>	<b>72</b>

## Additional Program Requirements

In addition to course requirements, students must pass a comprehensive examination to be admitted to candidacy, complete a full-year full-time internship, have an approved dissertation proposal and dissertation, and pass a final oral examination of the dissertation.

## Sample Plan of Study

Course	Title	Credits
<b>1st Semester/Term</b>		
APSY-GE 3009	Departmental Seminar: Theories of Change in Applied Psychology	3
APSY-GE 2038	Abnormal Psychology	3
APSY-GE 3073	Research Design and Methodology in the Behavioral Sciences I	3
APSY-GE 3665	Psychological Testing and Assessment I	3
APSY-GE 3031	Practicum in Clinical Intake and Diagnosis	2
APSY-GE 2658	Lab in Individual Counseling Skills (if not exempt)	3
<b>Credits</b>		<b>17</b>
<b>2nd Semester/Term</b>		
APSY-GE 3666	Psychological Testing and Assessment II: Practicum	3
APSY-GE 2682	Cross-Cultural Counseling	3
APSTA-GE 2002 or APSY-GE 3611	Statistics for Behav and Social Sciences II or Ethical and Professional Issues in Clinical/ Counseling Psychology	2
APSY-GE 3620	Clinical/Counseling Psychology Program Forum	0
Counseling Specialty Elective		3
<b>Credits</b>		<b>11</b>
<b>3rd Semester/Term</b>		
APSY-GE 2620	Group Dynamics: Theory and Practice	3
APSY-GE 2657	Individual Counseling: Theory and Process	3
APSY-GE 3607	Supervised Advanced Clinical/Counseling Practicum I	2
APSY-GE 2271	Survey of Developmental Psychology	3
Research Elective		3
<b>Credits</b>		<b>14</b>
<b>4th Semester/Term</b>		
APSY-GE 2682 or APSY-GE 3611	Cross-Cultural Counseling or Ethical and Professional Issues in Clinical/ Counseling Psychology	3
APSY-GE 3608	Supervised Advanced Clinical/Counseling Practicum II	2
APSY-GE 2001 or APSY-GE 3103	Neuropsychology of Behavior or Historical Perspectives of Psychological Theory	3
APSY-GE 2097	Social and Emotional Development (or Research Elective)	3
Research Elective		1
<b>Credits</b>		<b>12</b>
<b>5th Semester/Term</b>		
APSY-GE 3629	Practicum in Supervision and Consultation	3
APSY-GE 3610	Externship in Clinical/Counseling Psychology	0
Clinical/Counseling Specialty Elective		3
<b>Credits</b>		<b>6</b>
<b>6th Semester/Term</b>		
APSY-GE 2001 or APSY-GE 3103	Neuropsychology of Behavior or Historical Perspectives of Psychological Theory	3
APSY-GE 2524	Psychological Measurement	3
APSY-GE 2097	Social and Emotional Development (or Research Elective)	3

Research Elective	3
<b>Credits</b>	<b>12</b>
<b>Total Credits</b>	<b>72</b>

## Learning Outcomes

Upon successful completion of the program, graduates will be able to:

1. Fulfill the multiple roles of professional psychologists.
2. Demonstrate a high level of ethical sensitivity and behavior in their professional roles.
3. Demonstrate knowledge in counseling/clinical theory, research, and practice.
4. Demonstrate knowledge about the research process and the creation of new knowledge.
5. Demonstrate awareness, knowledge, skills, and attitudes to work effectively with diverse populations.
6. Demonstrate understanding of optimal adaptive and maladaptive human functioning across the lifespan.
7. Have a professional identity of a counseling psychologist and who are able to acquire additional knowledge appropriate to this specialty.
8. Demonstrate understanding of how to maximize psychological flourishing within individuals and across populations and settings.

## Policies

### Program Policies

#### Fieldwork Placement

Be advised that fieldwork placement facilities that provide training required for your program degree, and agencies that issue licenses for practice in your field of study, each may require you to undergo general and criminal background checks, the results of which the facility or agency must find acceptable before it will allow you to train at its facility or issue you a license. You should inform yourself of offenses or other facts that may prevent obtaining a license to practice in your field of study. NYU Steinhardt will not be responsible if you are unable to complete program requirements or cannot obtain a license to practice in your field because of the results of such background.

### NYU Policies

University-wide policies can be found on the New York University Policy pages (<https://bulletins.nyu.edu/nyu/policies/>).

### Steinhardt Academic Policies

Additional academic policies can be found the Steinhardt academic policies page (<https://bulletins.nyu.edu/graduate/culture-education-human-development/academic-policies/>).